simplifed

virtual lactation consultant

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What We Do

SimpliFed provides online breastfeeding and infant nutrition support to new parents from board-certified lactation consultants to help them troubleshoot feeding decisions.



How It Works

Check out SimpliFed from your Milk Stork Employee Portal.

Place your order through your company's Milk Stork Employee Portal.

portal.milkstork.com/benesch

Receive a digital employer code.

Upon confirming your order, you will receive an order confirmation email enabling you to schedule your lactation sessions. This email includes a code that you will redeem with your lactation consultant.

Set up your sessions through our booking process.

We offer a variety of options and appointment types to meet your needs.

Complete the intake form with the code provided in the Milk Stork Confirmation email.

We offer 30 minute to 1 hour sessions at a time. You schedule your appointment based on your best availability!